



Connect 2 Grow: Presentation Skills Programme

Communicate with confidence. Present with impact. Influence with authenticity.

Do you have expertise but struggle to communicate it with impact?

The ability to present ideas confidently, engage an audience and influence decisions is one of the most valuable professional skills you can develop. Whether speaking to colleagues, clients or senior leaders, effective communication can accelerate your career and increase your influence.

This programme is for:

- Professionals moving into leadership roles
- Technical experts who need to present their ideas with confidence
- Managers who regularly present to teams
- Business owners and consultants
- Anyone who wants to become a more confident and engaging speaker

By the end of this programme, you will be able to:

- ✓ Structure presentations clearly and confidently
- ✓ Manage nerves and speak with greater presence
- ✓ Engage and influence different audiences
- ✓ Deliver messages that people remember
- ✓ Handle questions with confidence
- ✓ Present effectively in meetings, pitches and formal presentations

Trusted by professionals across multiple industries, with over **100 testimonials** from previous participants who have transformed their confidence and presentation effectiveness.

David Sinnott – Director -Digital Manufacturing – Pfizer

"Andrew created an atmosphere and setting during the course that was ideal for me in that it provided a safe environment to learn new techniques and practice delivery. As a result, the course has improved my ability and confidence in preparing and delivering complex communications and presentations, and it has not gone unnoticed by my colleagues!"

"I now take a more structured and prepared approach to planning a communication or delivering a presentation. I use the tools provided during training to plan how I will communicate my message. Consequently, I believe I am clearer and more confident in my delivery".

Programme Details:

Limited to just eight participants to ensure personalised coaching and individual feedback throughout the programme.

Your Investment: €1,295 + VAT

Includes:

- Two full training days
- Small-group coaching (maximum eight participants)
- Individual feedback throughout
- Between-session support and coaching
- Practical presentation exercises

Ready to become a more confident and influential communicator?

If you would like to discuss whether this programme is right for you or a colleague, contact me at andrew@aristo.ie or call me on the number below.

Reserve your place early, as numbers are strictly limited to eight participants.

Dates: September 22nd and 29th 2026

Time 09.30 – 16.30

Discount of 15% when booked before the 11th September 2026

Location: Dublin city centre, close to rail and Luas lines.

