



Communications Workshop - January 29th 2026 ***(Create Conversations that Build Relationships)***

Traditional education provides us with the knowledge and skills to advance our careers in our chosen fields. However, what it does not do is provide us with the ability to communicate and present this knowledge to others, be they colleagues or clients. Communication and presenting your ideas a skill that can be learned and developed in the same way as any other, and this workshop will help you develop skills in the following areas:

Learning Objectives:

- Choose the correct structure for the talk/presentation, be it to inform, educate or motivate
- Prepare and participate in meetings using Aristo's ASK-DO-GET template
- Learn exciting ways to fill the time between the opening and closing of your talk
- Inspire people to change their thinking/action
- Discover how slides can enhance or detract from your presentation.

This workshop is highly interactive; Aristo's philosophy is much more about implementing the principles and advice provided during the day than listening to a lecturer and taking notes.

Testimonial: Katarina Antill – Founder – bonafi

"Andrew's coaching helped me become a more confident presenter. Telling a story instead of presenting or holding a speech makes all the difference. I never thought I would ever say this, but I am actually looking forward to the next opportunity to pitch or speak in front of an audience.

After working with Andrew, I learned to structure my presentations differently and design them to make them more interesting for the audience, in particular, at the start of the presentation. I would highly recommend seeking out Andrew's expertise – his coaching makes a big difference in how you approach presenting in front of an audience.."